

Senko Establishes "Senko Group Holdings Health Management Declaration"

Maintaining and promoting good health for all group employees

Senko Group Holdings Co., Ltd. (Head office: Koto-ku, Tokyo; President: Yasuhisa Fukuda) established the "Senko Group Holdings Health Management Declaration" on September 19 with the aim of maintaining and promoting good health for all employees.

The Senko Group deems that the physical strength of employees is essential for continued and increased growth into the future, as it increases its number of business sites located in Japan and overseas, and expands its business domains beyond logistics and commercial activities. To achieve this, the Senko Group will be implementing health management to further encourage employees to increase the state of their mental and physical health.

1. Health Management Declaration

"Senko Group Holdings Health Management Declaration"

The Senko Group hereby declares the following regarding the health of employees.

- ◎ Continuing to be "A corporate group which nurtures people and supports them in their daily lives."
- ◎ Ensuring that each and every group employee can work in a healthy and lively manner.
- ◎ Placing the utmost importance making sure employees can live a healthy and happy life.

In line with these goals, the Senko Group is implementing initiatives for promoting the health of employees, in order to become a truly affluent global company as "a trendsetting corporate group."

Senko Group Holdings Co., Ltd.
President and Representative Director
Yasuhisa Fukuda

2. Implemented initiatives

(1) Enhanced health management systems

Information on employee health will be managed for a longer life expectancy, with initiatives such as increasing the number of nursing staff that are currently being allocated around the country, and providing specialist guidance to each and every employee.

(2) Enhanced measures for mental health

In addition to further enhancing checkups for stress that are currently being implemented, improvements will be made to management systems for preventing mental health problems.

(3) Implementation of activities for promoting health

Improvements will be made to the "Healthy Activities" program started in 2007 (a health promotion system using the Senko Group's own methods for measuring the level of activity), to encourage health promotion activities throughout the Senko Group.

(4) Management of workplace environment

Initiatives will focus on promoting a better work-life balance by reducing the amount of working hours and increasing the number of available holidays, and developing programs to assist with quitting smoking.

3. Promotion system

These initiatives will mainly be administered by the Senko Group Health Management Division coordinating with the Human Resources Department, Society-Managed Health Insurance and external occupational physicians, to create and implement a road map for employee health for achieving the health management declaration.

End.